## Calhoun County Schools

Page 1

Breakfast November 2016 Oct 27, 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1	Nov - 2	Nov - 3	Nov - 4
	Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Egg Cheese Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Pancake Pups OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Sausage Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Nov - 7	Nov - 8	Nov - 9	Nov - 10	Nov - 11
Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Waffle Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Breakfast Pizza OR Poptart Yogurt With Fruit Choice With Juice Assorted Milk Choice	Veterans' Day
Nov - 14	Nov - 15	Nov - 16	Nov - 17	Nov - 18
Muffin, WG Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Pancakes Sausage Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Burrito, Breakfast OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	E Day
Nov - 21	Nov - 22	Nov - 23	Nov - 24	Nov - 25
P D Day	P D Day	Thanksgiving Holiday	Thanksgiving Holiday	Thanksgiving Holiday
Nov - 28	Nov - 29	Nov - 30		
Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Egg Cheese Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice		

This institution is an equal opportunity provider Menu is subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.