

Calhoun County Schools

Page 1

Breakfast
October 2016

Sep 27, 2016

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 3 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 4 Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 5 Waffle Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 6 Pizza, Breakfast mini sl OR Poptart Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 7 Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 10 Muffin, WG Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 11 Pancake Pups OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 12 Sausage & Gravy Bag OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 13 Egg Cheese Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 14 Sausage Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 17 Fall Break	Oct - 18 Fall Break	Oct - 19 Fall Break	Oct - 20 Fall Break	Oct - 21 Fall Break
Oct - 24 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 25 Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 26 Waffle Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Oct - 27 Pizza, Breakfast mini sl OR Poptart Yogurt With Fruit Choice With Juice Assorted Milk Choice	Oct - 28 Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Oct - 31 Muffin, WG Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice				

This institution is an equal opportunity provider

Menu is subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.