

Calhoun County Schools

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November 2016

Oct 27, 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 Ham Sandwich OR Chicken and Noodles Green Peas Lima Beans Sliced Peaches Toasted Bun Chocolate Pudding Milk Choice	Nov - 2 Hamburger OR Salisbury Steak Potatoes, Roasted California Vegetables Pineapple Breadstick WW Milk Choice	Nov - 3 Chicken Nuggets Gravy Mashed Potatoes Green Beans Mandarin Oranges Whole Wheat Roll Milk Choice	Nov - 4 Cheeseburger OR Cheesy Chicken & Ric Romaine Spinach Sala Tomatoes Ranch Dressing Glazed Carrots Apple Whole Wheat Roll Milk Choice
Nov - 7 Chix Sandwich OR BBQ Pork Sandwich Oven Fries Steamed Broccoli Fruit Cocktail Brownie, WG Milk Choice	Nov - 8 Quesadilla, Chicken W Cheddar Cheese, Shre Pinto Beans WK Corn Romaine Spinach Sala Tomatoes Ranch Dressing Pineapple Bread Stick Milk Choice	Nov - 9 Hamburger OR Chili Grilled Cheese California Vegetables Glazed Carrots Pineapple Whole Grain Crackers Milk Choice	Nov - 10 Thanksgiving Dinner	Nov - 11 Veterans' Day
Nov - 14 Hot Wings Romaine Spinach Sala Ranch Dressing Celery Sticks w/dip Carrot Sticks w/Dip Chips, Tortilla Mission Apple Breadstick WW Milk Choice	Nov - 15 Chix Sandwich OR Pork Roast Gravy Baked Potato Creamy Coleslaw Breadstick WW Grapes Milk Choice	Nov - 16 Burrito OR Chicken Fajita Refried Beans Chopped Romaine Tomatoes Mandarin Oranges Milk Choice	Nov - 17 Corndog OR Hamburger Sweet Potatoes Fries Baked Beans\BBQ Sliced Peaches Milk Choice	Nov - 18 E Day
Nov - 21 P D Day	Nov - 22 P D Day	Nov - 23 Thanksgiving Holiday	Nov - 24 Thanksgiving Holiday	Nov - 25 Thanksgiving Holiday
Nov - 28 Chicken Tenders Mashed Potatoes Gravy Green Peas Pears Whole Wheat Roll Milk Choice	Nov - 29 Cheeseburger OR BBQ Pork Sandwich Oven Fries Steamed Broccoli Fruit Cocktail Brownie, WG Milk Choice	Nov - 30 Hamburger OR Beef/Veggie Soup Grilled Cheese Glazed Carrots Sliced Peaches Milk Choice		

This institution is an equal opportunity provider

Menu is subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.